

**Academic Adjustment Request for the Student
Classroom Concussion Assessment Form**

Name: _____

Date: _____

Time: _____

Instructions to the student: Read the symptoms in the left-hand column. For each symptom, circle one answer in the center column. Be honest and do not skip any questions. Then, answer the question at the bottom of this page.

Please return this form to Dawn Ranns with the Concussion Management Team

Symptoms	Scale of 0-6 1-2 Mild/3-4 Moderate/5-6 Sever	Accommodations
Headache	2	Mild/moderate: Allow classroom participation If severe refer to athletic trainer. Avoid symptom triggers
Nausea/Vomiting	1	Mild/moderate: Allow classroom participation If severe refer to athletic trainer. Avoid symptom triggers
Dizziness/Lightheadedness/balance problems	1	Mild/moderate: Allow classroom participation If severe refer to athletic trainer. Avoid symptom triggers
Fatigue	0	Mild/moderate: Allow classroom participation If severe refer to athletic trainer. Avoid symptom triggers
Sensitivity to light	1	Move away from windows Dim lights, draw shades Allow sunglasses/hat in class
Sensitivity to noise	1	Remove from loud environments Reduce classroom noise Avoid headphones and loud music
Feeling mentally foggy	0	Give breaks between tasks Simplify tasks
Difficulty concentrating on schoolwork	0	Shorten task duration Give breaks between tasks
Difficulty paying attention to teacher	0	Front room seating No test, quizzes or homework
Difficulty remembering	0	Provide class notes Provide memory aids Use alternate testing methods
Difficulty staying organized	0	Use agendas/planner for schedule and due dates Use "to-do" lists and checklists.
Emotions: Irritability/Sadness/nervousness anxious/Feeling more emotional	0/0/0/0	
Trouble falling asleep/Sleeping more than normal/less than normal	0/2/0	

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The emphasis in managing a concussed student in the classroom is to allow the student to participate and learn **without worsening symptoms**

Below will list the stage that the student is currently in with regards to the Return to Learn Policy and what they are capable of doing in the classroom. The stage and accommodation to the classroom will be adjusted as the student increases or decreases cognitive symptoms. Please contact Dawn Ranns with any questions that you may have.

was re-assessed by the CMT February 14, 2019 at 3:30 PM. is still experiencing 12/136 symptoms of concussion. He is feeling much better and will be returning to class tomorrow 2.15.19. will return to class in Stage 6 of the RTL policy. Stage 6 is a Full Day of classes with moderate support. may begin taking quizzes at this time and may complete homework up to 90 minutes per night. Please allow to take quizzes in the testing center if needed. Thank you very much.