

ACADEMIC SUPPORT WORKSHOPS

Program Title	Program Description	2019-2020
Adjusting the Study Cycle: Strategies for Active & Effective Learning	Establishing effective learning habits is an important skill to develop for all students to be successful in college. Many students have trouble building study time into your schedule and often wait until the last minute to study. Students will learn about adjusting the Study Cycle to meet their academic needs. <i>(Target audience: all students)</i>	
Don't Put off this Workshop until Tomorrow- Time Management	Many of us have difficulty prioritizing and juggling all we must do. Students will discover great tips, calendars, and planners to assist them with time management, minimizing distractions, and developing better study habits. <i>(Target audience: all students)</i>	
The Five Keys to Academic Success at Limestone College	Navigating academic life in college can be challenging. Fortunately, there are many resources available at Limestone to help students achieve academic success. We have put together five key tips with practical steps and resources to help students thrive while they are here. <i>(Target audience: First-Year and Transfers)</i>	